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Important Phone Numbers

McKenzie Hite, *Director of Student Activities and Summer Conferences*

864-488-4374

mnhite@limestone.edu

Nathan (Nate) Burgess, Student Activities and Intramural Sports Graduate Assistant

neburgess0814@limestone.edu

Campus Safety

864-761-6598

If an emergency, students should see a front desk associate during Timken Center Hours of Operations or Contact Campus Safety. For night events, students may contact the supervisor working on the event or Campus Safety.

Timken Hours of Operations

Monday – Friday: 10 AM – 11 PM

Saturday: Closed

Sunday: 2 PM – 6 PM

Please note that the hours of operations are subject to change. On days that the University is closed, so are our facilities. On days when Timken Center facilities are being used for NCAA affiliated games, Timken Center Operations will be closed for the games.

Additional information regarding summer hours and hours during Finals will be released to the students via email. If you have questions about our hours, please contact McKenzie Hite at mnhite@limestone.edu.

List of Intramural Activities

Details regarding registration, start dates, and schedule of events, can be found by downloading the IMLeagues app. Search Limestone University and create an account!

- 8-Ball Pool
- Basketball
- Cornhole
- Dodgeball
- Flag Football
- Man-Hunt
- Ping-Pong
- Sand Volleyball
- Spikeball
- Teqball
- Yoga

Limestone University Intramural Sports Department will also host weekend getaway trips throughout the year. These trips will be free to current Limestone University students and on a first-come-first-served basis. Please pay attention to your email for more information regarding these trips.

Please note that Intramural Activities are subject to change based on interest. If you have any other activities in mind for intramurals, please contact McKenzie Hite at mnhite@limestone.edu and share your ideas or ask any questions regarding IMLeagues.

Section One: Liability and Injuries

All participants must sign a liability waiver before competing or participating in any Intramural and Student Activities events on or off-campus.

1. Participation in the Intramural and Student Activities programs at Limestone University is voluntary and individuals participate at their own risk. Participants should be aware of the responsibilities for bodily, mental, and emotional injury. They should understand that they are responsible for any cost arising from injury or property damage sustained through participation.
2. To use the Timken Facility, all students, faculty, and staff members must check in

Section Two: Eligibility

All Limestone University students are eligible to participate in Intramural and Student Activities. Participants are to be knowledgeable of the eligibility rules that govern their specific activity. The Intramural Sports Department holds the right to investigate any eligibility concerns and act on them accordingly.

Undergraduate Students

All undergraduate students currently enrolled in one or more credit hours at Limestone University are eligible to participate in Intramurals and Student Activities.

Graduate Students

All graduate students currently enrolled in one or more credit hours at Limestone University are eligible to participate in Intramurals and Student Activities.

Faculty, Staff, and Spouses

Faculty, Staff, and spouses are allowed to participate in Intramurals when extended an invitation and will need to complete a waiver bef

Section Three: Captain's Responsibility

It is the responsibility of participants to form their team and register in the Intramural Sports Office, Dobson 2nd Floor (Room 202), and on the Intramural Formstack during the registration period and before the deadlines provided by the Intramural Sports office. When registering, a captain must be listed, and the captain is the liaison between the team and the intramural Sports office. The captain is also the person to whom communication/correspondence will be directed. Specific responsibilities of the captain include:

Before the Season Starts

1. Register your team in the Director of Student Activities office and on the Intramural Waiver Formstack.
2. Stay in contact with the Director of Student Activities (McKenzie Hite).
3. Choose a team color and name for events.
 - a. The office of Intramural Sports highly recommends these decisions be made as a team.
4. Ensure all teammates have signed a waiver and are on the roster prior to the cut-off date.
5. Ensure all teammates comply with current health and safety measures.

During the Season

1. Notify team members of rules, playing schedules and changes, eligibility policies, and team compliances.
2. Ensure all teammates have signed the waiver.
3. Represent the team in the case of a protest.
4. Promote good sportsmanship and fair play before, during, and after games for all team members and spectators.
5. Inform all the team members of the proper process if a team member is ejected from an Intramural Sports activity.

Section Four: Participation Responsibilities

their Intramural Sports team. Intramural sports are only fun if both teams show up to their scheduled game with enough players to compete. Every participant can do their part to prevent forfeits. Teams can be disqualified for poor sportsmanship, not having

All participants and spectators are responsible for cleaning up after themselves prior to leaving the facilities. Participants and spectators are also responsible for gathering their personal belongings. Intramural Sports, Student Activities, and staff are not responsible for any items left behind and the location of items after events. Please keep up with your own belongings.

Section Five: Cancellations

Students can find out the latest news from Intramurals and Student Activities, including weather updates through:

1. Email
2. IMLeagues
3. Instagram: @limestone_studentactivities

It is the team captain's responsibility to update their team members on cancellations.

Games do NOT have to be made up. Makeups are at the discretion of the Director of Student Activities.

Weather Guidelines

Limestone University may cancel outdoor programs to ensure the safety and health of participants if:

- The weather falls below 25 degrees Fahrenheit
- The heat index rises above 105 degrees Fahrenheit
- Thunder, lightning, or rain is detected

Section Eight: Conduct and Sportsmanship

- Team members verbally complain about several decisions made by staff members or show dissension towards their opponent, which may or may not merit an unsportsmanlike conduct penalty.
- rating.
- 2 Rating: Below Average Conduct and sportsmanship
 - Team members show unacceptable verbal dissent towards staff or opponents from the playing field or sideline. The team captain exhibits very little control over their teammates or themselves.
 - Teams that receive one ejection of three conduct warnings can receive no ng.
 - Their captain and participants may be asked to meet with a staff member regarding their sportsmanship rating.
- 1 Rating: Unacceptable Conduct and Sportsmanship
 - Team members are completely uncooperative. The team captain has no control over their teammates or themselves.
 - Teams with two ejections and four conduct warnings will forfeit the season and sit out the following season.
 - Any form of fighting or aggression towards another participant or staff forfeited.

At Limestone University, each student is responsible for upholding the policies found in the student handbook. In addition, as participants of the Intramurals and Student le for their actions and demonstrate respect towards opponents and other spectators.

Tobacco, Alcohol, and Other Drugs

1. The use of alcohol or other drugs prior to or during any Limestone University Intramural or Student Activities event by participants and spectators will not be tolerated. Any person suspected of this use will be asked to leave the premises immediately. Further actions may be taken.
2. Use of tobacco of any kind during Limestone University Intramurals or Student Activities events by participants and spectators will not be tolerated. Any person suspected of this use will be asked to discontinue use immediately. Further actions may also be taken.
3. Please refer to the Limestone University Alcohol and Durg Policy in the Student Handbook for more information.

Ejection Policy

All participants ejected from a Limestone University Intramural or Student Activities event will be immediately suspended from all other activities until the Director of Student Activities reinstates them.

If ejected, participants must remove themselves from the area immediately. Failure to do so will result in the forfeit of a game or force staff to call Campus Safety.

1. Ejected participants will not be permitted back into events until reinstated.
2. To be reinstated, the ejected participant must set up a meeting with the Director of Student Activities.
3. The Director of Student Activities will speak to the suspended participant and base the length of suspension for each incident on the information obtained from the officials, supervisors, and participants involved. The Director of Community Values and Campus Safety may become involved based on the infraction.
4. Infractions that may result in ejection from Intramural and Student Activities include but are not limited to the following:
 - a. Unsportsmanlike behavior
 - b. Verbal Abuse
 - c. Unnecessary physical contact
 - d. Fighting
 - e. Threatening behavior
 - f. Playing under the wrong name or on two teams
 - g. Consumption of alcohol/drugs
 - h. Damage or destruction of facilities or equipment

Playoffs

1. Sportsmanship will be enforced during playoffs. To continue to proceed in the playoff bracket, all teams must be respectful and simply positive sportsmanship; win or lose.
2. During playoffs, teams are expected to have a three or higher sportsmanship rating.
 - a. Teams with below a two rating will forfeit the rest of their games and be removed from the bracket.

The Director of Student Activities will collect feedback at the end of the semester via an email survey.

